

# DIABETIC PRE-APPOINTMENT QUESTIONS

DATE \_\_\_\_\_

PATIENT NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

## BLOOD SUGARS

How often do you check your blood sugars?    1x daily    2x daily    3x daily    4x daily  
Few times a week  
I don't check my blood sugars  
Other

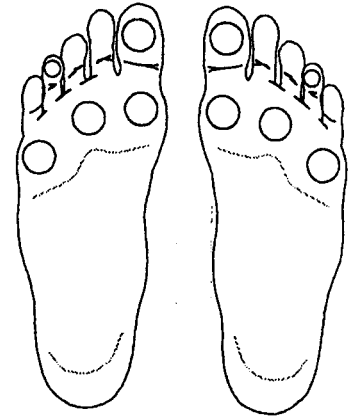
Have you had low blood sugar episodes?    Yes    No  
Have you had excessive thirst or urination?    Yes    No  
Are you careful to watch a diabetic diet?    Yes    No    Sometimes

## BLOOD PRESSURE

Do you check your blood pressures?    Yes    No  
If you check it, is it below 130/80?    Yes    No

## SIDE EFFECTS/SYMPTOMS

Any Chest pain with activity?    Yes    No  
Any Shortness of breath with activity?    Yes    No  
Any all over muscle pain?    Yes    No  
Any chronic cough?    Yes    No  
Are you depressed?    Yes    No



## PREVENTION

Do you exercise regularly?    Yes    No    Sometimes  
Do you smoke?    Yes    No  
Do you take an aspirin daily?    Yes    No  
Do you check your feet regularly?    Yes    No  
Have you had an eye exam this year?    Yes    No  
Did you get your flu shot this year?    Yes    No  
Do you take your medications regularly?    Yes    No  
Is your Pneumonia shot up to date?    Yes    No